

Patient 3– Hospital Information Week 3			
Setting	Inpatient Medical/Surgical Unit		
Scenario	Patient admitted to hospital due to increased pain and fatigue.		
Patient Information	Name: Carolina Pentz DOB: 5/6/1949 Race: Hispanic Room #: 324 Gender: Female Age: 34 Patient ID #: 387521 Allergies: NKDA		
CC	I feel tired all the time and am in pain all over.		
HPI	Patient has increased fatigue resulting in difficulty performing her job and activities of daily living. She also has increased pain and has been taking OTC ibuprofen for arthralgias. She was diagnosed with drug-induced Lupus. NOTE: iSBARR this week will be on home med, not hospital med, that caused drug-induced lupus		
Family History	Mother- has fibromyalgia, alive at age 60 Father- has HTN, alive at age 62	PMH	Rheumatoid arthritis diagnosed 7 years ago Insomnia
Social history	Patient works in an office. Tobacco—never smoked Alcohol—occasional drink Drugs—has tried marijuana & CBD for pain but doesn't use regularly	Vaccines	Up to date on all vaccines.
Physical Exam	• HEENT: PERRLA, EOMI. • Neck: supple without adenopathy • Lungs: CTA; no rales/rhonchi • Heart: RRR • Abdomen: tender, + BS, non-distended • Extremities: peripheral pulses intact, no edema • Neurological: A&O x3, CNs II-XII intact, Babinski negative		
VS	BP: 132/80 HR: 74 RR: 18 T: 38 C Wt: 55 kg HT: 5'3"		

Note: patient is based on “Tired to the Bone” patient case from Pharmacotherapy Casebook—a Patient Focused Approach, 7th edition.

Labs	Na: 142 mEq/L K: 4.9 mEq/L Cl: 105 mEq/L CO2: 25 mEq/L	BUN: 30 mg/dL SCr: 1.5 mg/dL Glu: 88 mg/dL Uric acid: 88 mg/dl	Hgb: 10 g/dL Hct: 30% RBC 4.1 X 10 ³ /mm ³ WBC: 7.2 X 10 ³ /mm ³ Plt: 250 X 10 ³ /mm ³
Cultures	UA normal, no cultures done		

Hospital orders written						
Medication	Dose	Route	Frequency	Scheduled time	Last administered	Notes
NS	60 ml/hr	IV	Continuous		0900	
Acetaminophen	1000 mg	PO	Q6h prn		0600	For mild pain (1-3)
Ketorolac	30 mg	IV	Q6h prn		0700	For moderate pain (4-6)
Hydromorphone	1 mg	IV	Q4h prn			For severe pain (7-10)
Pharmacy to continue home meds						Note: iSBARR will be on home med that will not be continued due to ADR

Note: patient is based on “Tired to the Bone” patient case from Pharmacotherapy Casebook—a Patient Focused Approach, 7th edition.

Home Medication List: Verified by pharmacy on admit	
Medication:	Allergies:
Etanercept 50 mg SQ weekly	Aspirin—upset stomach
Naproxen 200 mg, 2 tablets PO q8h prn pain	
Vitamin D 1000 units PO daily	
Adult multivitamin PO daily	
Turmeric 1000 mg PO daily	
Lunesta 2 mg PO at bedtime as needed	

Note: patient is based on “Tired to the Bone” patient case from Pharmacotherapy Casebook—a Patient Focused Approach, 7th edition.

Pharmacy Medication Reconciliation Form

Patient Name: Carolina Pentz Date of Birth: 5/6/1949 Room #:324				Allergies: nkda				Immunization History: <i>Up to date on all vaccines</i>	
Community Rx Info: any Prescription Insurance: any				Social History: works in an office Tobacco-never smoked Alcohol—occasional Drugs—occasional marijuana/cbd					
Complete Medication History Prior to Admission (write legibly)								Med Reconciliation	
Medication Name	Strength	Route	Freq	PRN?	Last Dose (date/time)	Adverse Effects	Adherence	Action	*Reason for discontinue, hold, modify
Etanercept for arthritis	50 mg	SQ	Weekly	☐	Last Sunday	None	Never forgets	D	Caused drug-induced lupus
Naproxen	200 mg x 2 tablets	PO	Q8h	✖	Today at 0700	None	Only takes as needed for pain	H	Using other pain meds in hospital
Vitamin D	1000 units	PO	Daily	☐	Today at 0800	None	Never forgets	H	Not medically necessary to continue in the hospital
Adult multivitamin	1 tablet	PO	Daily	☐	Today at 0800	None	Never forgets	M	Change to formulary multivitamin
Turmeric	1000 mg	PO	Daily	☐	Today at 0800	None	Never forgets	H	Not medically necessary to continue in the hospital
Lunesta 2 mg PO at bedtime as needed	2 mg	PO	HS	✖	Last night	None	Takes every night even though prn	M	Change to formulary zolpidem 5 mg PO HS prn
				☐					
Additional Notes:								Action Key - C: Continue D: Discontinue* H: Hold* M: Modify* (*provide reason)	
Med History obtained by (sign and print name):								Date:	

Medication Reconciliation – (Finalized Medication List = Hospital Orders)

Patient Name: _____

DOB: _____

Room: _____

	Medication (name/strength)	Dose	Route	Frequency	Notes
1.	NS	60 ml/hr	IV	Continuous	
2.	Acetaminophen	1000 mg	PO	Q6h prn	For mild pain (1-3 on pain scale)
3.	Ketorolac	30 mg	IV	Q6h prn	For moderate pain (4-6 on pain scale)
4.	Hydromorphone	1 mg	IV	Q4h prn	For severe pain (7-10 on pain scale)
5.	Zolpidem	5 mg	PO	At bedtime prn	For sleep (formulary substitution for Lunesta)
6.	Vitamax	1 tablet	PO	daily	Formulary substitution for home vitamin
7.					
8.					

****Must be written legibly for grading****

iSBARR Form

i	Introduction (name/title/unit)	Hello, my name is.....and I am the pharmacist on the unit in the hospital today.
S	Situation	I am concerned that patient Carolina Pentz may be suffering from an adverse drug reaction.
B	Background	She came into the ED due to increased pain and fatigue and has been having trouble performing her job and activities of daily living because of it. She has a past medical history of rheumatoid arthritis and started taking etanercept for it a few years ago.
A	Assessment	Etanercept has been shown to cause drug-induced lupus.
R	Recommendation	I recommend that we stop her Etanercept 50 mg SC weekly and educate the patient to stop taking it when she goes home.
R	Repeat	OK, I will write the order to DC the home med of Etanercept 50 mg SC weekly and will educate the patient.

Jayhawk Medical Center Medication List and Instructions

Patient Name: Carolina Pentz		
Admission Date: yesterday	Discharge Date: today	Service: medical floor
Principal Diagnosis This Admission: drug-induced lupus—plan to follow up with physician for outpatient treatment		
Secondary Diagnosis:		
Allergies (reactions): none		

Medications added this visit: (begin taking these)
Acetaminophen X-strength 500 mg, 2 tablets by mouth every 6 hours as needed for pain

Medications changed this visit: (modify what you previously were taking)
Medications discontinued this visit: (stop taking these)
Etanercept 50 mg SC weekly

FINAL DISCHARGE MEDICATION LIST					
MEDICATION/ROUTE/DOSAGE/FREQUENCY/DURATION	Comments	Morning	Afternoon	Evening	Bedtime
Vitamin D 1000 units by mouth daily		X			
Adult multivitamin 1 tablet by mouth daily		X			
Turmeric 1000 mg by mouth daily		X			
As needed medications					
Naproxen 200 mg by mouth up to every 8 hours	As needed for arthritis				
Acetaminophen extra strength 500 mg, 2 tablets by mouth up to every 6 hours	As needed for pain				
Lunesta 2 mg by mouth at bedtime	As needed for sleep				